

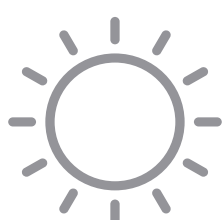
# DRIVING DANGERS (AND HOW TO KEEP YOUR FAMILY SAFE)

It's easy to become complacent while driving a vehicle. But keeping your family safe on the road means being aware of the dangers around you – and in your own car. Here are some of the biggest threats to your family's safety.

## DISTRACTED DRIVING

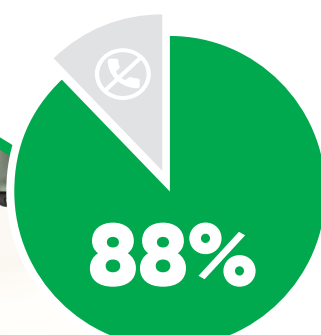
**3.5**

Average number of minutes drivers spend on the phone each hour



**481,000**

Average number of drivers using cell phones during daylight hours



Percentage of drivers who use phones while driving



**1.6 MILLION**

Number of crashes caused each year by cell phone use

## DROWSY DRIVING

**20**

Number of minutes you should nap (after pulling over to a safe spot) if you're nodding off at the wheel



**8,000**

Number of deaths each year from drowsy driving



**16.5%**

Percentage of all fatal crashes attributed to drowsy driving each year



**7-8**

Hours of sleep you need each night

## WEATHER



**73%**

Percentage of weather-related crashes caused by rain



Percentage of all car crashes caused by bad weather



**6,000**

Number of people killed annually in weather-related crashes

## CAR SEATS AND SEAT BELTS



**3** Number of children killed in a car accident daily

**61%**

Percentage of forward-facing car seats not properly installed



Percentage of children killed in car crashes who are unrestrained



**46%**

Percentage of child car seats improperly installed

So, how do you combat problems like distracted driving, drowsy driving and driving in bad weather? Find out in *Driving Family*, our 20-minute video designed to give experienced drivers a refresher on what they already know – and tips on what they may not.